

### Facts about Psychiatry and Neuroscience at UCLA

#### UCLA Psychiatry and Neuroscience

- UCLA is ranked as the #1 public university in the country by *The Wall Street Journal*, and as #11 in the world by the *Academic Ranking of World Universities*, assembled by Shanghai Jiao Tong University.
- UCLA Medical Center in Los Angeles is ranked #4 on U.S. News & World Report's 2020-21 Best Hospitals Honor Roll, and #1 in California.
- UCLA Psychiatry was ranked #5 in 2020 by *U.S. News & World Report*.

#### The Semel Institute for Neuroscience and Human Behavior at UCLA and the Resnick Neuropsychiatric Hospital

- The Semel Institute is an interdisciplinary research and education institute devoted to the understanding of complex human behavior, including the genetic, biological, behavioral and sociocultural underpinnings of normal behavior and the causes and consequences of neuropsychiatric disorders.
- The Stewart and Lynda Resnick Neuropsychiatric Hospital (RNPH) is a pioneering center for patient care, research, and education in mental health, developmental disabilities, and neurology. The RNPH is one of the few remaining inpatient facilities in Southern California, and the only one of international standing and is the major psychiatric teaching facility of the David Geffen School of Medicine at UCLA.
- Over 300 academic researchers and clinicians, with an extended faculty of another 600 physicians and scientists, work collaboratively at the Semel Institute and Resnick Hospital to unlock the mysteries of the mind and brain and translate these discoveries into innovative treatments.

#### The Friends of the Semel Institute (FOSI)

- The Friends of the Semel Institute (FOSI) is the volunteer philanthropic support group dedicated to improving the lives of people with mental illness by supporting state-of-the-art research to advance innovative treatments through The Friends of Semel Research Scholar Program; and sponsoring the Open Mind, a free educational series that brings together thought leaders in science and culture for free programs about mental health issues.

#### The Resnick Neuropsychiatric Hospital Board of Advisors (RNPHBOA)

- The Resnick Neuropsychiatric Hospital Board of Advisors (RNPHBOA) brings prominent members of the Los Angeles Community together in support of the increasingly rare inpatient psychiatric hospital to sustain and enhance services and to ensure an environment of professional training that fosters the clinicians and treatments of the future. The RNPHBOA awards Innovations Grants to young or mid-career faculty.
- **Community Conversations:** Founded by the RNPH BOA in 2015, The Series offered educational symposiums from the experts on common brain disorders. In June 2017, CC's partnered with Glenn Close's Organization, Bring Change 2 Mind, to address Stigma.
- Operating under the **UCLA TEDx** licensure, The RNPH Board hosted two **mental health TEDx Salons**. Oct 2017, the first salon presented "Empowered Aging," featuring Norman Lear and Andrew Hill, along with pre-eminent UCLA faculty researchers. In January 2019, the Board coordinated the UCLA TEDx Salon - Depression, in partnership with the **UCLA Depression Grand Challenge**.

**The Open Mind Community Lecture and Film Series:**

- The Friends of Semel created the Open Mind lecture and film series in 2006 and since its inception has presented over 100 programs on mental disorders that traverse the lifespan.
- Open to the public at no charge, The Open Mind pairs the best and brightest creative minds in the cultural landscape with preeminent UCLA neuroscientists to discuss mental health topics.
- Noted speakers have included: astronaut Buzz Aldrin; Senator George McGovern; singer/songwriter Judy Collins; Nobel Prize winner, Eric Kandel; Dr. Temple Grandin; National Book Award winner, Andrew Solomon; Pulitzer Prize winning authors, Ron Suskind, Dr. Jared Diamond, and Ron Brown; Metta World Peace (Ron Sandiford-Artest), NY Times best-selling authors Robert Kolker and Lori Gottlieb; author Kay Redfield Jamison, Ph.D.; author and Law Professor Elyn Saks; Dr. Gail Saltz; AJ Mendez; filmmaker Jon Avnet; SNL star Darrell Hammond; filmmaker Paul Dalio; Emilio Estevez and more.
- Past programs can be viewed on The Friends of Semel YouTube channel and The Friends of Semel website, [www.friendsofthesemel.org](http://www.friendsofthesemel.org).

**#WOW The Wonder of Women Summit**

- Beginning in 2018, The FOSI and RNPBHOA jointly created #WOW The Wonder of Women Summit. #WOW is an annual conference that encourages meaningful discussions on topics of interest to women: careers, health and well-being, nurturing and caretaking, and living a full, meaningful life.
- #WOW's goal is to enhance both mental and physical health and inspire the next generation of women leaders. It brings together thought leaders and trailblazers in science, health, and culture, along with preeminent UCLA physicians and scientists.
- Emceed by RNPB board member, Lisa Kudrow, notable speakers included: Goldie Hawn; former Second Lady, Tipper Gore; Maria Shriver; Candice Bergen; Sara Bareilles; Julianne Hough.
- **Funds raised from #WOW and all fund raising events are used to support research, education and clinical programs; most notably the Open Mind Series, the UCLA Friends of the Semel Institute Scholars, the UCLA Resnick Neuropsychiatric Hospital Board of Advisors Clinical Innovation Grants**
- In 2019, #WOW partnered with Maria Shriver and WAM to establish the **Women's Alzheimer's Movement Research Initiative at UCLA**. The Initiative will yearly fund a faculty member in UCLA's Semel Institute or at the Resnick Neuropsychiatric Hospital at UCLA to conduct sex- and gender-based Alzheimer's disease research.

**Virtual Open Mind/#WOW Series:**

- In 2020, to adapt to the social distancing guidelines of the COVID-19 pandemic, The FOSI, The RNPBHOA, and #WOW The Wonder of Women Summit joined together to pivot the Open Mind series to a virtual platform.
- The collaborative Open Mind/#WOW programming now attracts a national and international audience of up to 1,000 viewers.
- Events are publicized via social media campaigns on Twitter @UCLASemelFriend; Instagram @uclafriendsofsemel; Facebook @UCLAFriendsofSemel; with cross promotion by @UCLAHealth. Email invitations for each Open Mind/#WOW program are sent to the joint database of over 20K families interested in mental health.

## SCHOLAR GRANT PROGRAMS

### The Friends Research Scholar Program

- Supports the next generation of neuroscientists who are at the forefront of new discoveries about the mind and brain, in sickness and in health.
- Grants of up to \$25,000 per year for up to two years are awarded to outstanding early career investigators whose focus is primarily on translational research that will lead to improved treatments for mental illnesses and disorders.
- To date, The Friends has awarded 27 Scholarships in areas such as eating disorders, ADHD, OCD, addiction, adolescent anxiety, concussions/traumatic brain injuries and depression in dementia care-givers.

### RNPH BOA Innovation Grants

- Created in 2018, the grant awards two 1-year \$25K innovation grants to young or mid-career faculty to carry out an innovation project that holds promise for improving some aspect of care or patient experience within the RNPH (inpatient or day hospital programs).

### TERM CHAIRS for Junior Faculty

- **The Friends of the Semel Institute Term Chair** was created in 2020 to support an early career faculty member in the Semel Institute, dedicated to conducting state-of-the-art research in neuroscience and human behavior to advance understanding and treatments for mental health.
- **The Resnick Hospital Board of Advisors Term Chair in Hospital Psychiatry** was created in 2020 to support a faculty member in the Resnick Neuropsychiatric Hospital at UCLA who is dedicated to the care of acutely ill psychiatric inpatients, with a preference for candidates who demonstrate an enduring professional commitment to anti-racist/equity-minded teaching, learning, training, clinical processes, and/or clinical outcomes.

### Other Joint FOSI and RNPH Board Fundraising Events

- **Food and Friends at Vibiana** luncheon in 2016 honored Pat Benatar and Neil Giraldo, and was emceed by actress-comedienne and RNPH Board member, Lisa Kudrow.
- **The Open Mind Gala** in March 2017 recognized national trailblazers for achievements that raise public awareness and reduce stigma. Demi Lovato; Dr. Kelsey C. Martin, Dean of the David Geffen School of Medicine at UCLA; and Julia S. Gouw were honored for their inspirational leadership, philanthropy, and advocacy for mental illness.
- **The Open Mind Mental Health Film Festival**  
Launched in October 2020, high school students in Los Angeles County Students have the opportunity to submit 7 minute films that share their unique perspective on a subject pertaining to mental health: a) people living with mental illness; b) ideas on how to reduce the stigma of mental illness; and/or c) ways mental health issues impact high school students. Films are judged by a panel including film professionals from the UCLA Film School, Semel Institute mental health professionals, and board members from the Semel Institute. The winner's films will be showcased at an Open Mind Mental Health film festival screening event.