



An Open-Minded Community

Sunday, January 23, 2022

10:30 AM via Zoom

TODAY'S SPEAKER

Nina Kraus, Ph.D., is Professor of Neurobiology and Otolaryngology at Northwestern University. She is a scientist, inventor, and amateur musician who uses hearing as a window into brain health. Nina began her career measuring responses from single auditory neurons and was one of the first to show the adult nervous system has the potential for reorganization with learning. Through a series of innovative studies involving thousands of research participants from birth to age 90, her research has found that our lives in sound, and our experiences, for better (musicians, bilinguals) and for worse (concussion, language disorders, aging), shape how our brain makes sense of the sounds we hear. Dr. Kraus received her Ph.D. from Northwestern University.

Two interesting websites related to Dr. Kraus's work are:

<https://brainvolts.northwestern.edu/>

mitpress.mit.edu/books/sound-mind

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You can easily make a donation to LSUS with [Zelle](#) to treasurer@lakeshoreunitarian.org, use a credit or debit card on donorbox.org/lakeshoreunitariansociety, or simply mail a check to our office (LSUS, 620 Lincoln Ave, Winnetka, IL 60093). Any amount, large or small, is important in sustaining our community.

CALENDAR OF EVENTS

Next Sunday, Jan. 30 (by Zoom): Danny M. Cohen, Ph.D., Professor of Instruction at Northwestern University's School of Education and Social Policy and the Crown Family Center for Jewish and Israel Studies, and Holocaust scholar, *The Denial and Hiding of Holocaust Histories in Honor of Holocaust Remembrance Day*.

UNITARIAN UNIVERSALISM – PRINCIPLES AND PURPOSE

We are a community with people of all beliefs, backgrounds and ages and we celebrate and embrace our commonalities and differences. Rather than any particular doctrine or creed, Unitarian Universalism affirms and promotes seven principles:

- 1) The inherent worth and dignity of every person;
- 2) Justice, equity and compassion in human relations;
- 3) Acceptance of one another and encouragement to spiritual growth in our congregations;
- 4) A free and responsible search for truth and meaning;
- 5) The right of conscience and the use of the democratic process within our congregations and in society at large;
- 6) The goal of world community with peace, liberty, and justice for all;
- 7) Respect for the interdependent web of all existence of which we are a part.

These seven principles support our free and responsible search for truth and meaning for all.

For more information about our congregation, go to www.lakeshoreunitarian.org.

For more information about Unitarian Universalism, go to www.uua.org.

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