

DAY I

8:30 AM TO 10:00 AM KICKOFF BREAKFAST

VICE PRESIDENT'S RESIDENCE

10:30 AM TO 5:30 PM CREATIVE FORCES CLINICAL RESEARCH SUMMIT

NATIONAL ACADEMY OF SCIENCES

5:30 PM TO 6:30 PM RECEPTION

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11:00 to 11:30 We

Welcome, Introductions, and Call to Action

- Welcome by National Endowment for the Arts Chairman Jane Chu and the National Academies
- Walter Reed Director Capt. Mark A. Kobelja issues the call to action
- Summit Co-chairs Sunil Iyengar and Tom DeGraba present the summit agenda and desired goals

11:30 to 12:45

Creative Forces Clinical Research Overview

- Highlights from the research synthesis report (Patricia Moore Shaffer)
- Highlights from the evaluation toolkit (Joke Bradt, Girija Kaimal)
- Overview of physiological measurement tools and data collection capabilities (Tom DeGraba)

Moderator: Sunil Iyengar

12:45 to 1:45

Lunch and Keynote #1

Impacts of traumatic stress on mind, body, and society (Bessel van der Kolk)

1:45 to 3:00

Spotlight on Art Therapy

- Close-up: Creative Forces art therapy approaches and research to-date
- Gaps and opportunities: perspectives from field leaders on relevant research in art therapy
- Discussion: potential research recommendations to be incorporated into a five-year research agenda for Creative Forces

Moderator: Tom DeGraba

Panelists: Melissa Walker, Jacqueline Jones, Girija Kaimal, Sarah Deaver, Paula Howie

3:00 to 3:45

Spotlight on Creative and Expressive Writing as Therapy

- Close-up: Creative Forces creative and therapeutic writing approaches and research to-date
- Gaps and opportunities: report from a field leader on knowledge and experience in narrative medicine
- Discussion: potential research recommendations to be incorporated into a five-year research agenda for Creative Forces

Moderator: Bill O'Brien

Panelists: Melissa Walker, Rita Charon



3:45 to 4:00 Break

4:00 to 5:00 Spotlight on Dance/Movement Therapy

- Close-up: possible integration of dance/movement therapy programs into Creative Forces
- Gaps and opportunities: report from field leaders on relevant research in dance/movement therapy
- Discussion: potential research recommendations to be incorporated into a five-year research agenda for Creative Forces

Moderator: TBD

Panelists: Allison Winters, Jennifer Tantia, Capt. Moira McGuire

5:00 to 5:30 Keynote #2

Applications of "flow" theory to post-traumatic growth in combat veterans (Mihaly Csikszentmihalyi)

5:30 to 6:30 Wine Reception in the Great Hall

With support from the Cultural Programs of the National Academy of Science (CPNAS)

DAY II

8:30 to 9:00 Keynote #3

Pathophysiology of traumatic brain injury and auditory processing—the role of music (Nina Kraus)

9:00 to 10:15 Spotlight on Music Therapy

- Close-up: Creative Forces music therapy approaches and research to-date
- Gaps and opportunities: perspectives from field leaders on relevant research in music therapy
- Discussion: potential research recommendations to be incorporated into a five-year research agenda for Creative Forces

Moderator: Sara Kass

Panelists: Rebecca Vaudreuil, Hannah Bronson, Joke Bradt, Wendy Magee

10:15 to 10:45 Keynote #4

Sound Health, an initiative sponsored by the National Institutes of Health and the John F. Kennedy Center for the Performing Arts, in association with the National Endowment for the Arts, to explore connections between music and the mind (Emmeline Edwards)

10:45 to 1:00 Spotlight on the Future

- Recap research recommendations made during the summit
- Align these recommendations with physiological, psychological, and social/ economic outcome areas, research methods, and measurement tools to be considered for the five-year agenda

FOR MORE INFORMATION, VISIT: